

Fabulous Summer Guatemalan Retreat July 11–20, 2014

in the Mayan Paradise of Antigua and Lake Atitlan

Join dynamic duo Laurie Ellis-Young MTC, CYT & Kathy Flaminio MSW, E-RYT for an exquisite & fun retreat, offering:

- ❖ Personal and Professional Growth & Transformation (CEU & Graduate Credit available)
- ❖ Includes Yoga Calm™ I & II and Breathe The Change foundational training
- ❖ Optional hands on practices with children in two Mayan villages
- ❖ Cultural excursions ❖ Peacebuilding ❖ Well-being practices ❖ Yoga ❖ Hiking

\$1,950 + airfare
10 days / 9 nights
Early Bird \$1,800
Feb 28, 2014



Village Children



Yoga Practices



Along the Lake Path



View of Lake Atitlan's Volcanoes



Laurie MTC, CYT & Kathy MSW, E-RYT

Breathe The Change Retreats with Laurie Ellis-Young

www.BreatheTheChange.com & www.1000-petals.com

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